

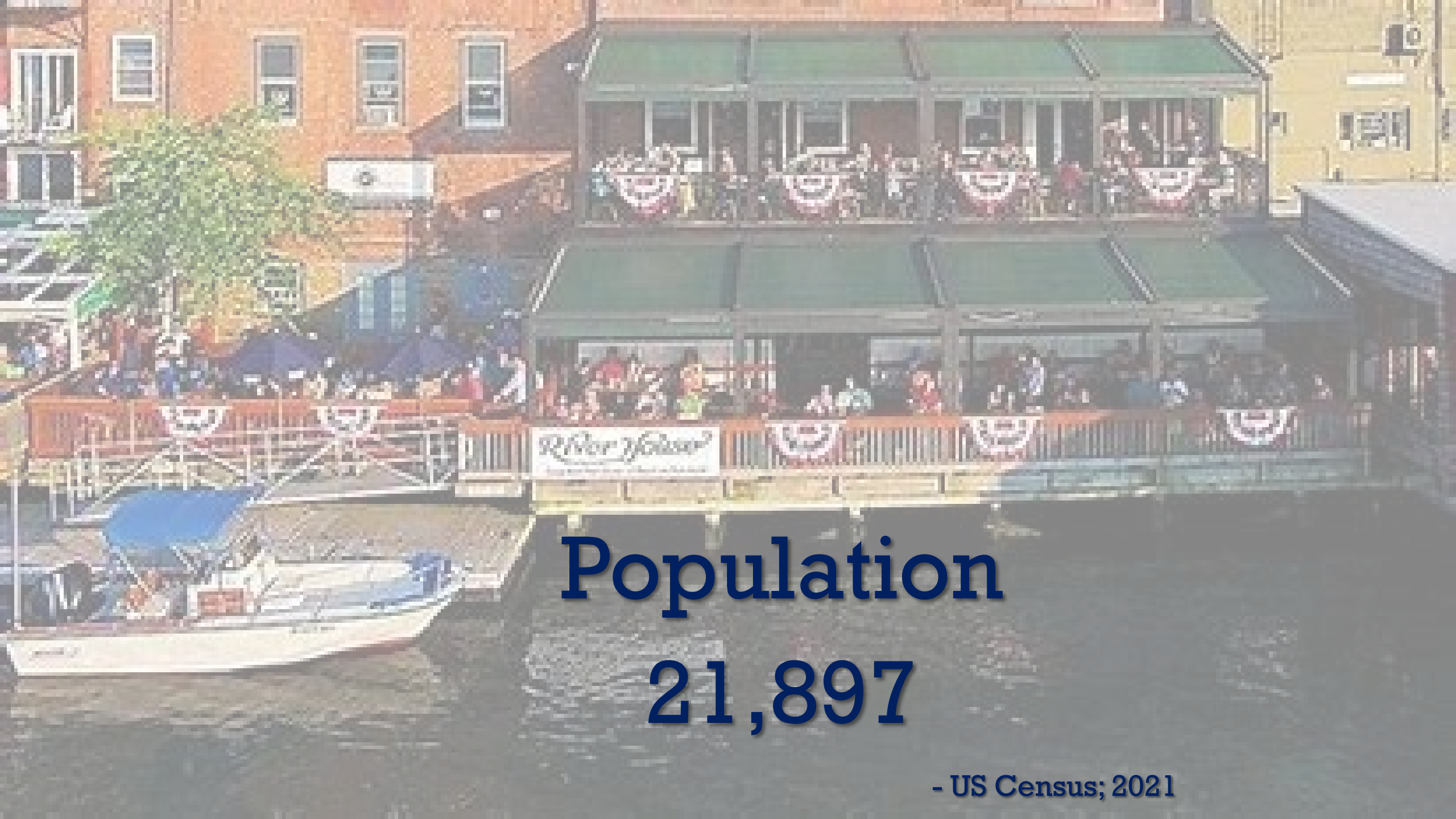


PORTSMOUTH COMMUNITY HEALTH PROFILE

Kim McNamara

Director, Portsmouth Health Department

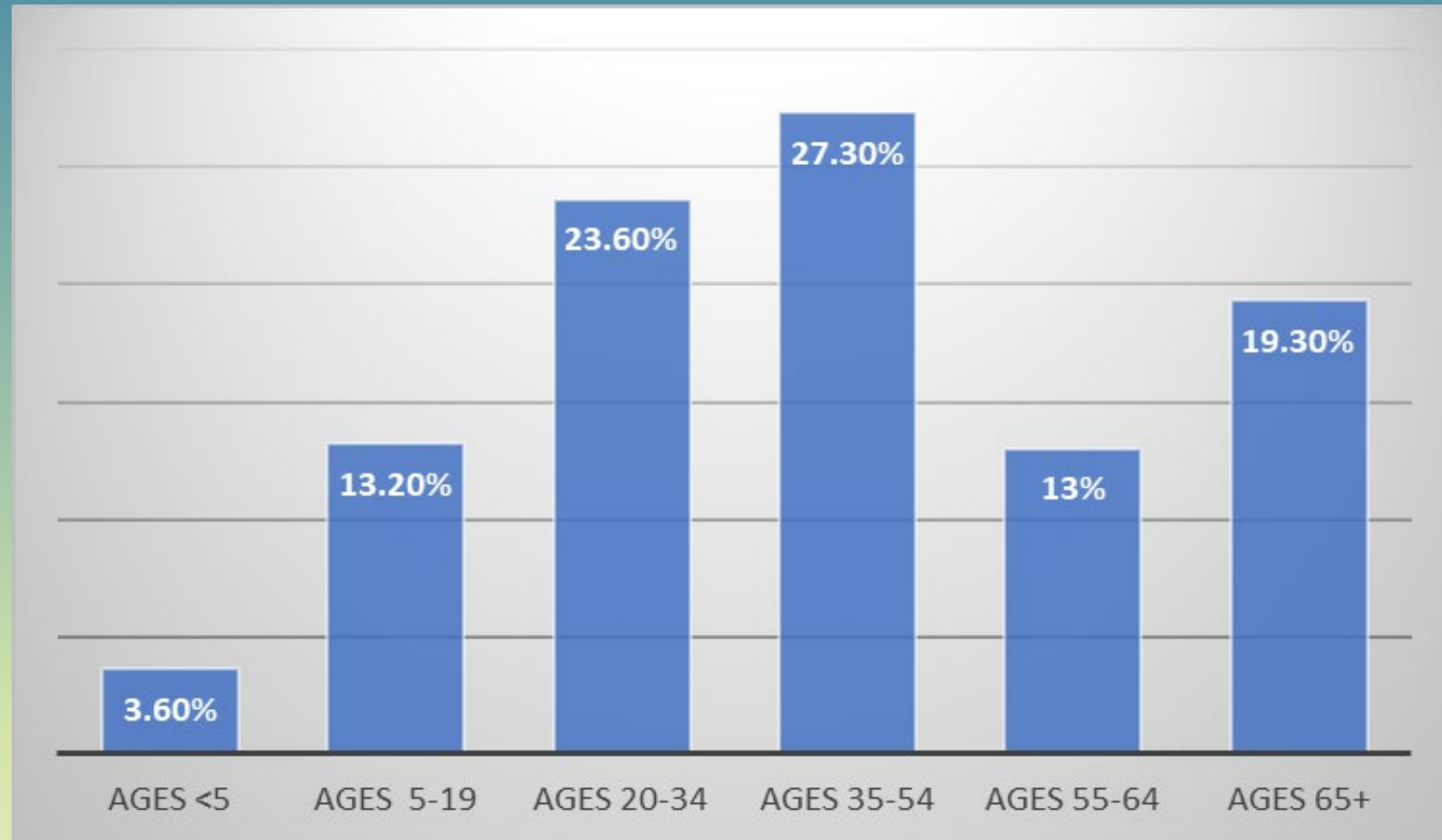
May 15, 2023



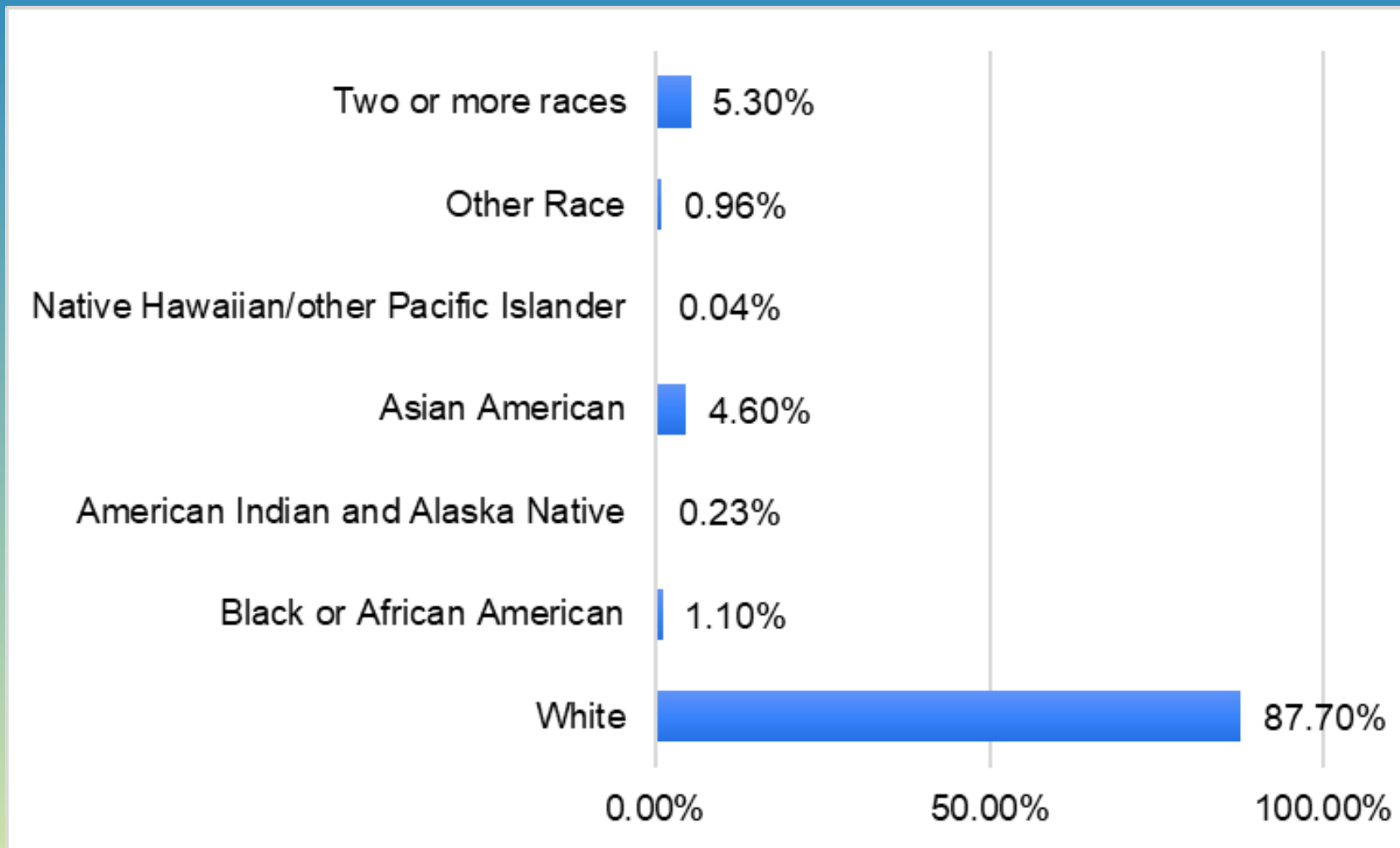
Population
21,897

- US Census; 2021

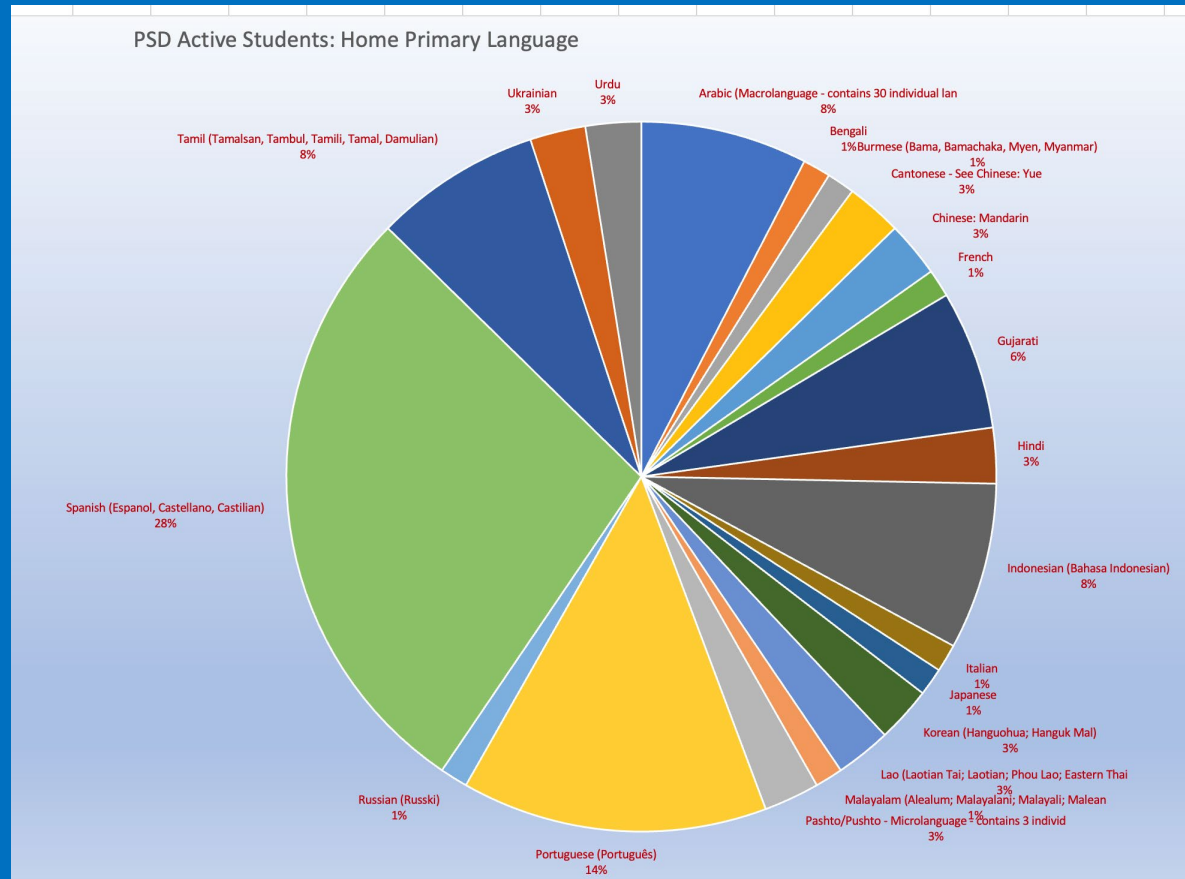
PORTSMOUTH AGE DISTRIBUTION



PORTSMOUTH RACE



LANGUAGES OTHER THAN ENGLISH SPOKEN AT HOME – PORTSMOUTH SCHOOLS



LANGUAGES OTHER THAN ENGLISH SPOKEN AT HOME –PORTSMOUTH SCHOOLS

- Arabic (Macrolanguage – 30)
- Bengali
- Burmese (Bama, Bamachaka, Myen, Myanmar)
- Cantonese
- Mandarin
- French
- Gujarati
- Hindi
- Indonesian
- Italian
- Japanese
- Korean (Hanguhua; Hanguk Mal)
- Lao (Laotian Tai, Loation, Phou Lao, Eastern Thai)
- Malayalam
- Pashto/Pushto
- Portuguese
- Russian
- Spanish
- Tamil
- Ukrainian
- Urdu

MEDIAN HOUSEHOLD INCOME (2021)

Portsmouth

\$91,915

Rockingham

\$101,683

NH

\$76,768

US

\$70,784

Federal Poverty Line (2021)

1 Person

\$13,788

2 Person

\$17,529

3 Person

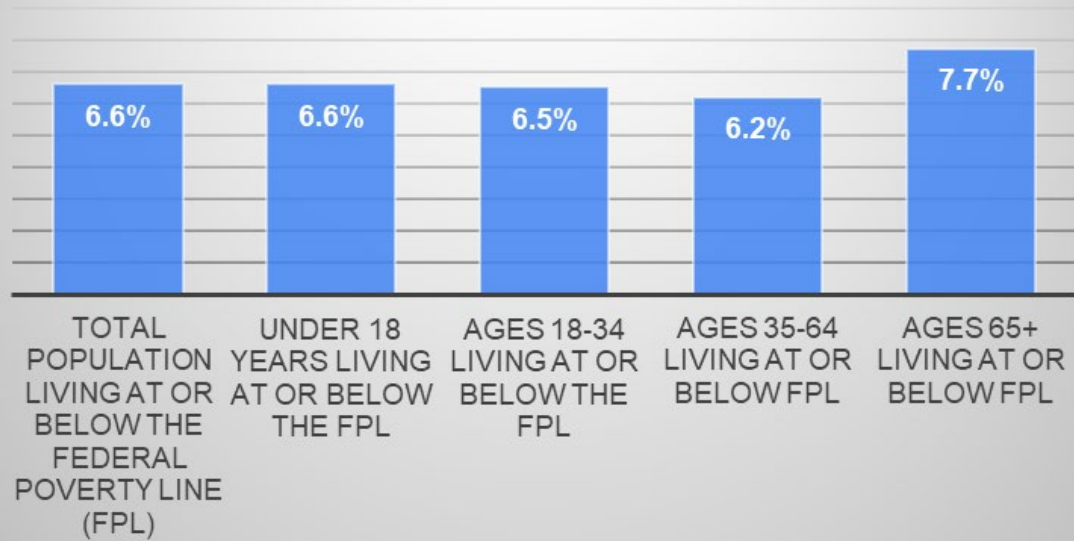
\$21,599

9+ Person

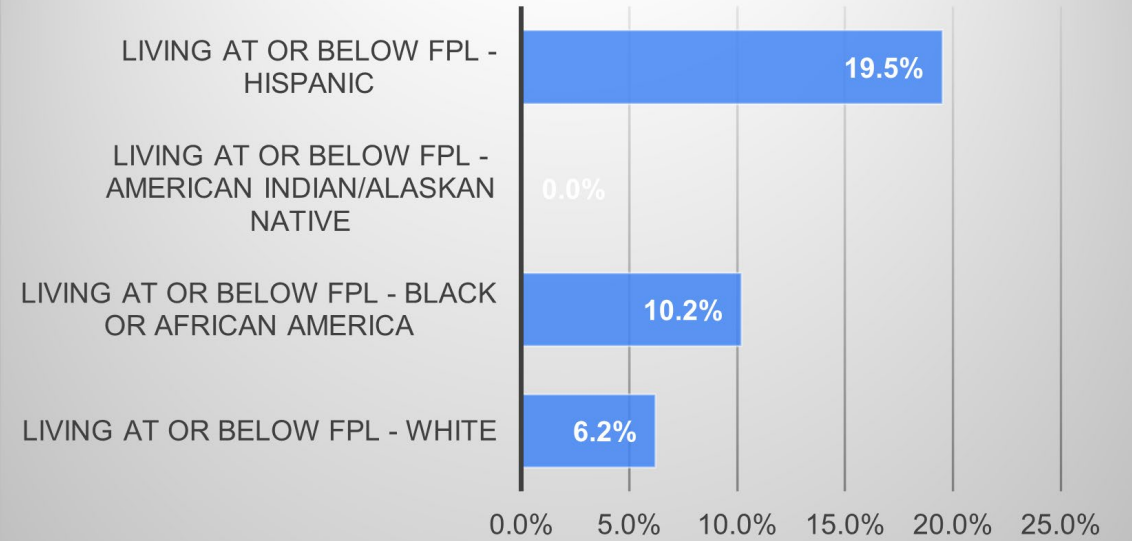
\$56,325

POVERTY

Poverty By Age

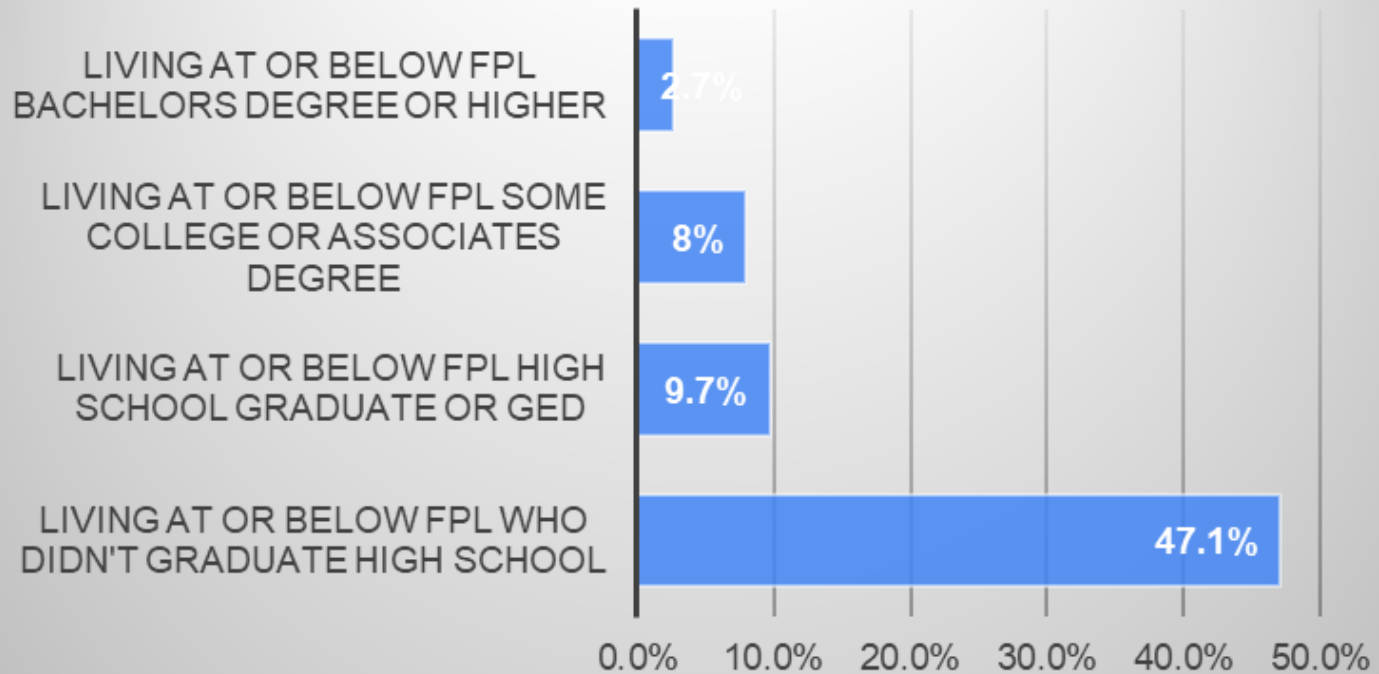


Poverty By Race

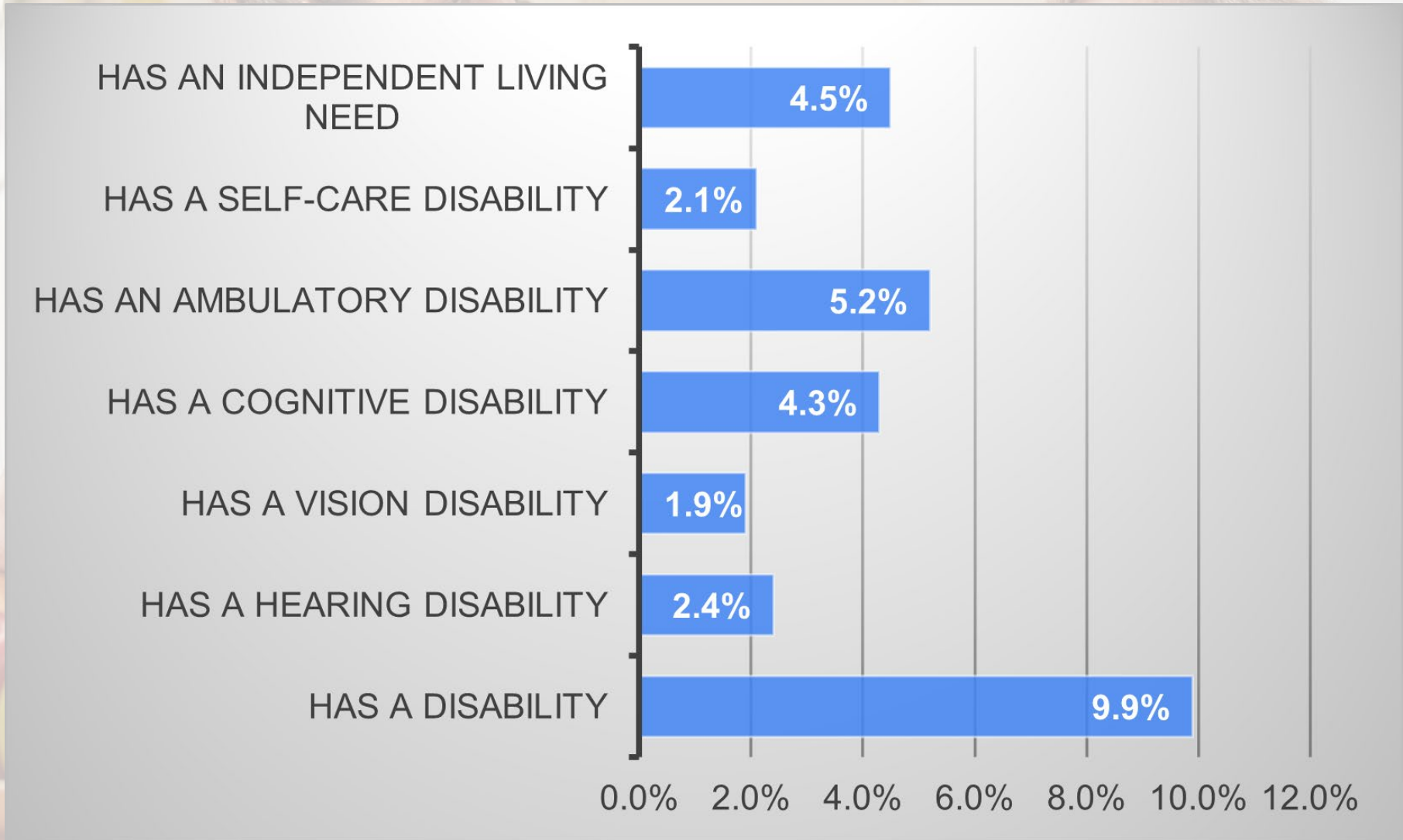


POVERTY

Poverty by Education



DISABILITY



VETERANS

- 7.1% of Total Portsmouth Population
- 10.8% are women—a higher percentage than Rockingham Co., NH and US
- Higher percentage of older veterans than Rockingham, NH, and the US
- Portsmouth veterans - nearly 40% possess a bachelor's degree or higher compared to Rockingham's 32.5%, NH's 31.7%, and the US' 30%.
- Portsmouth has a higher percentage of veterans living below the federal poverty line than in Rockingham and NH.
- 2016 study -NH had a significantly higher rate of suicide among veterans than the national rate (36 per 100,000 in NH compared to 31.7 per 100,000 in the US). *Detailed information at the county or city level is not available.*

ELEVATED BLOOD LEAD LEVELS - CHILDREN

- *From 2017-2021, 40 Portsmouth Children newborn to 6 years, were found to have elevated blood lead levels at 3.5 $\mu\text{g}/\text{dL}$ or higher.*
- *Yet, since 2020, 31% fewer Portsmouth children 12 months-23 months, and 38% fewer 24-35 month olds were tested.*

RECOMMENDATIONS

- **Community Health Improvement Plan (CHIP) to follow this Community Health Profile & Needs Assessment, based on the findings and greater community input. Set aside \$3,000,000 to be used for the outcome of the Community Health Profile, Needs Assessment and Community Health Improvement Plan.**
- **Provide a mechanism for non-profits providing services to Portsmouth's vulnerable residents so they can make their needs known NOW, independent of the \$3,000,000 requested for after completion of CHIP.**
- **Apply a *Health in All Policies* approach to City policy development & planning, which incorporates health considerations for all people within this community, and will ensure that diversity, equity and inclusion are protected.**