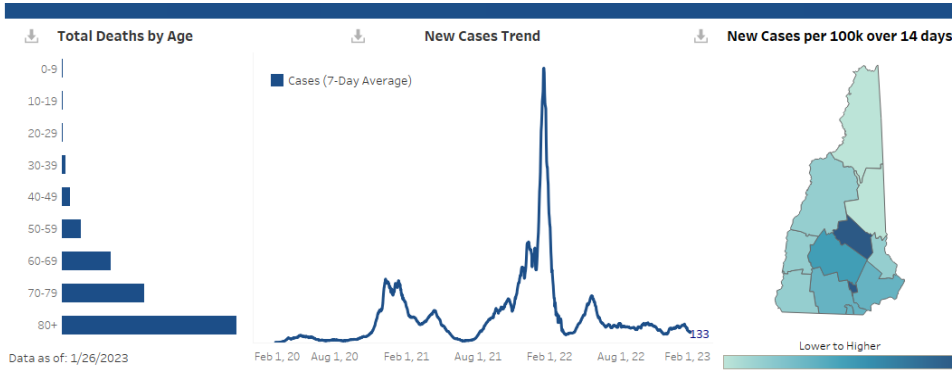
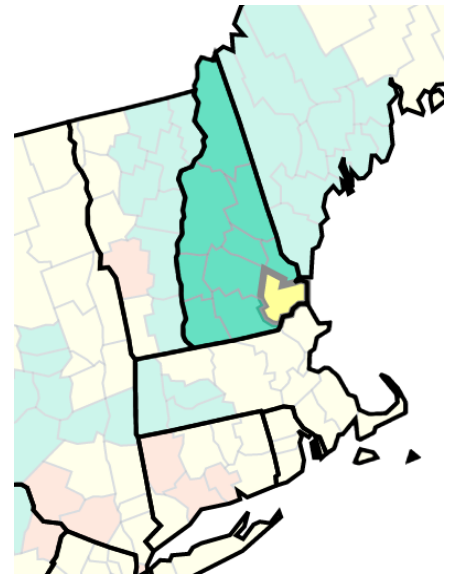


# HEALTH BULLETIN BOARD 2/1/23

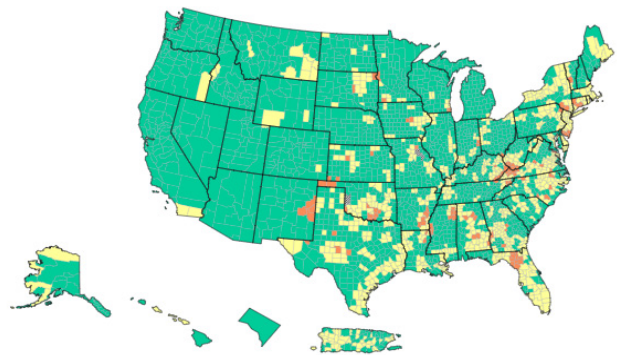


NHDHHS is reporting a 20% decrease in the number of cases for the 7 days ending January 31 compared to the previous 7 days. <https://www.covid19.nh.gov/> CDC is classifying ROCKINGHAM COUNTY as the only county in NH at “MEDIUM RISK.” (Maps at right.) Go to: <https://tinyurl.com/3u9c5nx>

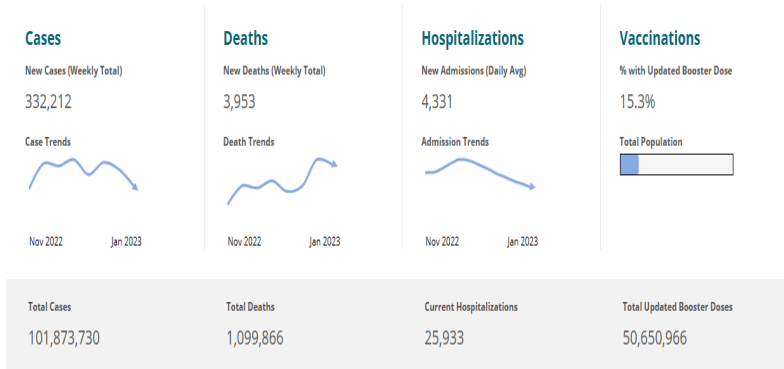


**CDC LAUNCHES COVID-19 TESTING LOCATOR WEBSITE –** Go to COVID-19 Testing Locator website <https://testinglocator.cdc.gov/> to search for free COVID-19 testing sites nearby.

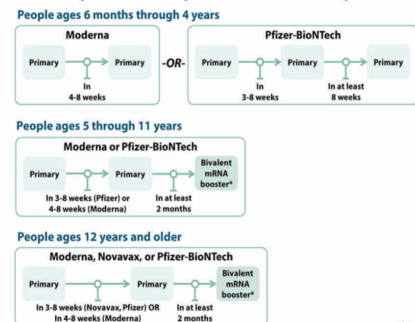
**NH DHHS AND CDC RECOMMEND EVERYONE OVER 6 MONTHS RECEIVE COVID-19 BOOSTER VACCINES** – On the NH DHHS’s Dr. Chan noted that cases of COVID-19 are driven by the low uptake in boosters designed to address recent variants AND because many months have passed for those who received the primary vaccine series whose effectiveness decreases over time. Go to **Vaccination FAQs:** <https://www.cityofportsmouth.com/city-manager/vaccination-faqs> NHDHHS ALSO RECOMMENDS this season’s FLU shots for everyone. The formulation is proving effective against this year’s strains and protective for all who have had limited exposure to flu over the past years of the pandemic.



## Daily Update for the United States



## COVID-19 Vaccination for People NOT Moderately-Severely Immunocompromised



**FREE RADON TEST KITS** – NH DHHS is offering NH residents free kits from Alpha Energy Laboratories, the radon lab contracted by the NH Radon program. Radon is a naturally occurring radioactive gas with no smell, color or taste. Detectable only by testing it is produced from the natural radioactive decay of uranium in soil and rocks such as the granite found throughout the state and in new and old home foundations, Radon can also be found in water. For more information about radon and its health risks, go to: <https://tinyurl.com/3fsra9st> To receive a kit and test results, complete this form: <https://states.aelabs.com/#/nh>

**ON-SITE MEDICAL OFFERS FREE TELEHEALTH CONSULTATIONS** -- Those who test positive for COVID-19 but experience delays in being seen by their PCP, or other medical professional (possibly losing the effectiveness window for some treatments that could be helpful) can call 1-800-816-5803 or log onto the On-Site Medical website: <https://www.on-sitemedservices.com/> The telehealth appointment can also include prescribing any needed medication/treatments.