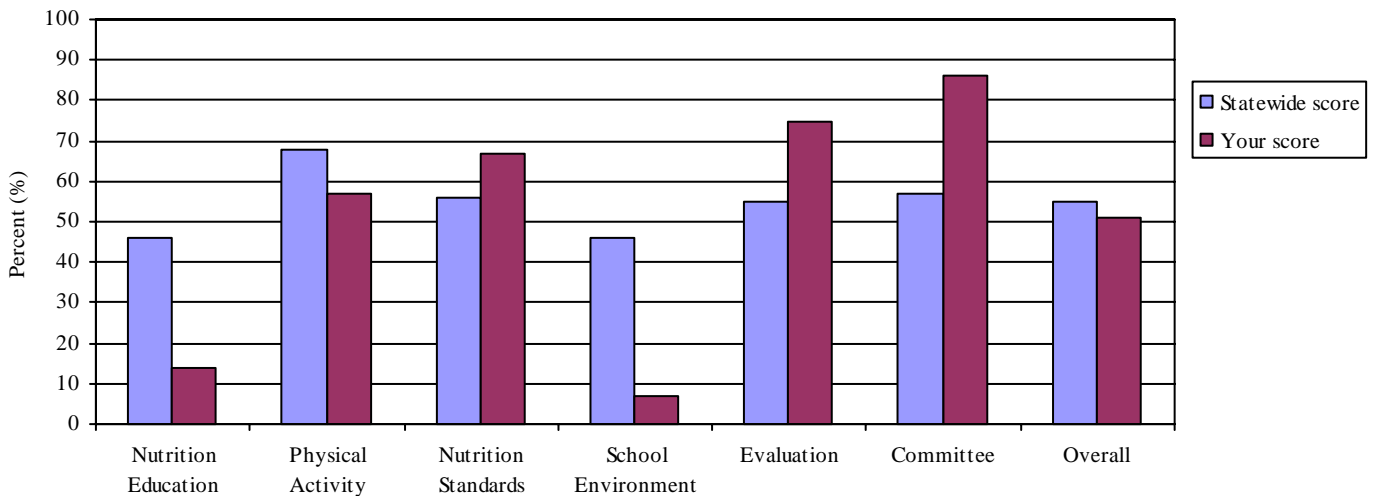


WELLNESS POLICY PROFILE

SAU 52: PORTSMOUTH

Component	Statewide Score (%)	Your Score (%)	Comments
Nutrition Education	46	14	Although a goal for nutrition education is mentioned, it is unclear how this aspect of your wellness policy will be carried out, and what guidelines and standards it will adhere to.
Physical Activity	68	57	Your policy addresses some of the key guidelines for physical activity. However, other details such as whether students will be able to participate in regular physical activity, and if physical activity will be integrated into the health and core curriculum, may be good additions to your policy.
Nutrition Standards	56	67	You have a good start here. Refer to the Bureau's link for help.
School Environment	46	7	There are a number of best practice indicators that were not included in this section that you may want to consider adding. These include developing strategies for parents, teachers, and other community members to serve as healthy eating and physical activity role models.
Evaluation	55	75	Will you report the progress evaluation to the public?
Policy Development Committee	57	86	Although the policy mentions all of the required members for a wellness committee, consider alternative members as well, like school nurses, PE teachers, or other health professionals.
Overall Score	55	51	
Comments	Your SAU's policy includes some very important statements in support of school and community wellness. However, there are components which could be improved upon to create a stronger, more comprehensive policy. Consider visiting the link below for suggestions, sample policies, and other resources to help you expand your policy. You're doing a great job so far!		

Evaluation of Your School's Wellness Policy



The full assessment form, evaluation criteria, and best practice indicators can be viewed online at www.ed.state.nh.us/nutrition by clicking on the "Wellness Policy Toolkit" link

If you have any questions about your assessment, or would like to discuss your wellness policy further, please contact Laura Jackson Gaudette at the NH Dept. Education at (603) 271-3864 or email: LGaudette@ed.state.nh.us