

Portsmouth Community Education

SPRING 2012 • FEBRUARY 13 TO APRIL 19 • 603-431-5080 X444

Like us on Facebook at Portsmouth Community Education

Or visit us at

www.cityofportsmouth.com

then select "School Department"

THE SPRING BROCHURE IS ONLY AVAILABLE ONLINE



Not School Sponsored

Welcome to the Portsmouth Community Education Program!

Portsmouth Adult Education is pleased to offer a wide variety of non-credit workshops and courses. No need to look very far, there's something here for everyone! If you have any questions concerning our classes, please call 431-5080 X444 and leave a message. Someone will return your call in a timely manner.

It is our intent to offer enrichment classes to the community covering a broad spectrum of interests. Our instructors are extremely knowledgeable in the areas they teach, and are dedicated to making this a positive learning experience for all who enroll. Classes are conveniently located at the Portsmouth Middle School and plenty of free parking is available.

If you are interested in taking a course that is not currently offered, please let us know and we will try to offer it in the future. If you have an area of interest, a hobby or a discipline that you would like to share with others, we would like to offer you the opportunity to teach. And, if there is any way you feel we can improve the adult education program, please let us know. We would love to hear from you!

REGISTRATION INFORMATION

Education and Enrichment courses are open to all adult members of the Seacoast community and neighboring towns. Children between the ages of 12 and 17 will be permitted to participate in our programs provided that they are accompanied by an adult who also registers and pays for the course.

Please register early, as class space is limited. It's easy to enroll. Just use the form on the last page of the brochure, noting the courses or workshops you wish to attend. Mail the form along with your check or money order (no cash, please) to the office of Portsmouth Community Education, or drop it off at the main office of the Middle School from 8 am to 3 pm, Monday through Friday.

CLASS INFORMATION

LOCATION: All classes are held at Portsmouth Middle School, Parrott Avenue, Portsmouth, New Hampshire.

REGISTRATION: Students are urged to register no later than one week prior to the start of a class. We do not accept registrations over the phone. You are registered for a class only when your full payment for tuition is received by the Community Education office. **Unless you hear otherwise from us, please assume you are registered.**

Course fees are due when registering. Checks or money orders should be made payable to Portsmouth Community Education. **Registration costs cover all materials fees as well as the course instruction fee.**

REFUNDS: Refunds will be issued only if a course is cancelled and students will be notified by Community Education if this is the case. If you do not hear from us, assume classes will be held as planned. **Refunds will not be issued for students who register for a class, but then do not attend.** If you need to cancel your registration and notify us more than one week prior to the class start date, a refund will be issued.

CANCELLED CLASSES: Because we are a non-profit organization, it may become necessary to cancel classes due to inadequate enrollment. You can help to avoid this disappointment by sharing information about classes with friends and family, and by registering early. If a class is cancelled, registered students will be notified by phone and a full refund will be mailed within 2 – 3 weeks.

INCLEMENT WEATHER: We follow the Portsmouth School System cancellation schedule. **If school is cancelled for day students, you may assume that evening classes will also be cancelled.** Announcements will be made on the following local radio stations: WHEB, WERZ, WBZ, WOKQ, COOL 95.3, WTSN, WEVO, and WSTG.

**REGISTRATION FORM IS ON THE LAST PAGE.
NEED ANOTHER REGISTRATION FORM?**

Visit us at www.cityofportsmouth.com, and select School Department.
All registration fees include materials costs. No need to bring your checkbook to class!

Where Would I Find?

Directions to Middle School.....	2
GED and ESL Information	3
Health and Well-Being	4 – 5
Business & Financial Workshops.....	5
Computer Courses	5 – 6
Language Courses	6 – 7
Special Interest, Growth and Enrichment Classes	7 – 8
Craft & Cooking Workshops.....	9
Registration Information	10

DIRECTIONS TO THE PORTSMOUTH MIDDLE SCHOOL

From Route 95 North or South: Take Exit 5 and continue to traffic circle.

At the Portsmouth Traffic Circle: Take Route 1 Bypass South (toward Beaches/Hampton). Follow road to the third set of traffic lights. Move into the left hand lane. Turn left onto Greenleaf Avenue (Dodge dealership is on the right). Continue straight after passing stop sign. Almost immediately, you will come to a set of traffic lights. Take a right at these lights onto **South Street**. Pass through one set of flashing yellow lights, and continue straight through the next traffic intersection (cemetery is ahead on the right). At the next flashing yellow light, take a left onto **Junkins Avenue**. Continue past the Portsmouth Municipal Complex located on your right. Travel over the causeway (water on both sides) and take your first left onto **Parrott Avenue**. The Middle School is a large brick building with a gold cupola.

For directions from other locations, or for questions concerning the above directions, call 436-5781.

ROCKINGHAM COMMUNITY ACTION PORTSMOUTH ADULT BASIC EDUCATION PROGRAM

Classroom instruction for learners 18 years and older in need of adult basic education (ABE) literacy skills in reading, writing and math; pre-GED and GED preparation; or English for speakers of other languages (ESOL) is offered by Rockingham Community Action.

ABE/GED PREP CLASSES: Tuesdays, Wednesdays & Thursdays 9:00am – 12 noon and Tuesday & Thursday 5:30 – 8:30 pm.

English Classes: Level 1 Day Class Tuesdays & Thursday 9:00 am – 12 noon; Level 2 Day Class Wednesday & Fridays 8:45 – 10:45 am; Afternoon Class Wednesdays 12:00 – 2:00 pm; Evening Class Tuesdays & Thursdays 5:30 – 8:30 pm

All classes are held at the Community Campus, 100 Campus Drive, Portsmouth (near Water Country) from September through May each year. ABE and English classes are free. GED Prep scholarship support available. Limited childcare during class time.

Call to set up registration appointment, (603) 422-8233 or adulthoodeducation@rcaction.org.

PORTSMOUTH HIGH SCHOOL VETERANS DIPLOMA PROGRAM

If you are a veteran of World War II or the Korean War who left Portsmouth High School to enlist or were drafted into the service, and did not complete your high school education, you may now be eligible to receive your high school diploma under a new program established through the Portsmouth School Department. Qualified candidates may receive their graduation certification during the next ceremony held in June.

One requirement of this program is that all veteran candidates meet briefly with a Veterans Diploma Committee to share their experiences of leaving high school and joining the military.

If you know of an individual who qualifies for this program or if you would like more information, please contact the Superintendent of Schools at 431-5080. We ask that all requests for participation be made prior to June 1st of each year.



Health, Fitness and Well Being

HEAL YOUR BODY, HEAL YOUR LIFE

Anastasia Papanikolaou

Based on the principles of “Unlimited Body” and Louise Hay’s books, You Can Heal Your Body and You Can Heal Your Life, we will look at how disease and illness originate on a mental and emotional level and how it manifests in the body and in our lives. We will explore, through awareness, how when we start to change the way we think and feel, what is happening on the outside starts to change and in so doing, we can prevent disease and heal ourselves from what is ailing us. We will explore the connection between mind, body and emotions. Come prepared to learn and explore more about yourself and how to create health and wellness in your life. Students should bring a journal or notebook.

*Wed. March 21 – 1 Night
7:00 – 9:00pm – \$20*

RELEASING NEGATIVE REPEATING PATTERNS

Anastasia Papanikolaou

Have you ever noticed that sometimes we keep repeating the same pattern or attracting the same situations over and over again? This can include the same types of issues at work, or the same issues surface in our romantic relationships; perhaps it relates to money issues, health issues or even recurring car accidents or car problems. In this class, we will first become aware of this repetitive pattern and then how we can start to gently release them. Students need to bring a notebook to class.

*Wed. – April 4 – 1 Night
7:00 – 9:00pm – \$20*

HEARTSAVER FIRST AID

Gail Klanchesser

This American Heart Association course teaches basic First Aid principles and what to do in the first few minutes of an illness or injury until advanced help arrives. This is an OSHA approved workplace course. First Aid cards will be issued following successful completion of the program. An optional book may be available for purchase the evening of the class. A material fee of \$7 has been included in registration costs.

*Wed. – March 7 – 1 Night
6:00 – 9:00pm – \$35*

HEARTSAVER CPR AED

Gail Klanchesser

In this American Heart Association course students will learn CPR, how to use an Automated External Defibrillator (AED) and relief of choking in adults and children, as well as use of barrier devices. CPR cards will be issued after successful completion of the course. This program is physical and hands-on. Students should dress comfortably and bring a pillow or blanket to kneel on. Any student who may have difficulty with the physical aspect of CPR should contact the instructor prior to the course for accommodations. A materials fee of \$19 has been included in the registration fee.

*Tues. – March 27 – 1 Night
6:00 – 9:00pm – \$47*

HEARTSAVER PEDIATRIC FIRST AID

Gail Klanchesser

New! This American Heart Association course teaches basic First Aid principles and what to do in the first few minutes of an illness or injury to children until advanced help arrives. This OSHA approved workplace course is designed for those working or volunteering with children from infants to teenagers. Heartsaver Pediatric First Aid cards will be mailed to each student following successful completion of the program. A materials fee of \$7 has been included in the registration fee. Students will have the option of purchasing a topic-related book the evening of the course.

*Wed. – March 28 – 1 Night
6:00 – 9:00 pm – \$35*

TAI CHI FOR HEALTH

Thomas Kennedy

Tai Chi is an ancient, internal martial art. Students in this class will learn a series of slow, graceful movements designed to increase flexibility, balance, attitude, relaxation, and to generally improve health and well being. These safe, easy stretches help reduce stress, and are a great exercise by themselves, or can serve to enhance your existing exercise program. This class is suitable for adults of any age or skill level. Participants need to dress comfortably.

*Wed. – February 22 to April 18– 8 weeks
6:30-7:30pm - \$65*

GETTING THE CONVERSATION STARTED: AN ELDER CARE WORKSHOP

Anne Romney

This 2-hour workshop is designed to help families begin the all-important conversation with aging loved ones regarding their safety and planning for their future. We will look at when and how to get an elder to stop driving and how to know when their living situation needs adjustment. The design of

**REGISTRATION FORM IS ON THE LAST PAGE.
NEED ANOTHER REGISTRATION FORM?**

Visit us at www.cityofportsmouth.com, and select School Department.
All registration fees include materials costs. No need to bring your checkbook to class!

this class is to allow participants the chance to share some of their challenges, to gain greater understanding of elder care issues, and to leave with information, resources and an “action plan” for the next step. A materials fee of \$7 has been included in the registration fee.

*Mon. – March 26 – 1 Night
6:30 – 8:30pm – \$27*

ALZHEIMER’S – WHERE ARE WE GOING NOW? : AN ELDER CARE WORKSHOP

Anne Romney

This course will look at Alzheimer’s/Dementia and the extreme challenges facing families affected by this bewildering disease. This interactive workshop is designed to help participants who are caring for a person with Alzheimer’s or dementia by providing information about the disease, identifying the emotional challenges that impact the family and looking at long term care concerns and options. The format allows participants the chance to share some of their unique stories – and to recognize that there is healing in the telling. The goal is for participants to leave with an “action plan” for the next step. A materials fee of \$7 has been included in the registration fee.

*Mon. – April 2 – 1 Night
6:00 – 8:30pm – \$31*

Business & Financial Workshops

COMPLETE GUIDE TO RETIREMENT PLANNING

John Spita

This information-rich seminar will introduce the student to the concepts and practices that will help them spend their retirement years comfortably and in control of their finances. This workshop will explore a conservative approach to wise money management, as well as help identify life-style issues facing retirees. Participants will learn to seek maximization of income and receive more from investments, social security and retirement plans. The course will also show how to protect hard earned assets from erosion due to inflation or a downturn in the economy. At the conclusion of this course, each participant will have evaluated their individual retirement progress. Students should bring a notebook and writing instrument to class.

*Wed. – March 21 through April 11 – 4 Weeks
6:30 – 8:30pm – \$65*

FINDING THE WORK YOU LOVE

Andrea St. Jean

Are you at a career crossroads? Are you bored, dissatisfied, or unfulfilled in your current profession but unsure of what to do next? You are not alone. You can find a career that is rewarding by understanding your heart’s desires, uncovering opportunities in the marketplace, and approaching a career change systematically. This dynamic workshop will challenge students to clarify values, talents, motivators, and personal type by examining life experiences and using the latest career assessment tools. It’s difficult to be without direction. Come discover a career path – and a life – that feels in harmony.

*Mon. – March 12 & 19 – 2 Nights
7:00 – 8:30pm – \$30*



Computer Courses

MICROSOFT WORD

Karen Crowley

Learn basic MS Word functions:

- Basic word processing ~ Creating a new document ~ Saving, Opening, & Printing
- Document navigation
- Toolbar(s) role and basic software concepts
- Formatting a basic document

Prerequisites:

Some previous knowledge and exposure to computers preferable-Windows operating system will be used in this course along with Office 2000 software. Please note: This course not suitable for Office 2007/2010. Mac users are welcome and feel free to bring your personal laptop if you’d prefer working in a non-PC environment. Students must bring a USB flash drive for saving any course documents and digital materials.

*Mon. – March 5 & 12 – 2 Nights
5:30 – 7:30pm – \$35*

**SCHOOL CLOSED:
FEBRUARY 27 – MARCH 1**

REGISTRATION REMINDER:

Once you have sent in your registration and payment you will not hear from us unless a class is cancelled or full.

MICROSOFT POWERPOINT

Karen Crowley

Learn basic MS PowerPoint functions:

- Understanding the PowerPoint Screen, menus, & toolbars
- Creating a presentation
- Formatting a presentation
- Printing a presentation

Prerequisites:

Some previous knowledge and exposure to computers preferable—Windows operating system will be used in this course along with Office 2000 software. Please note: This course not suitable for Office 2007/2010. Mac users are welcome and feel free to bring your personal laptop if you'd prefer working in a non-PC environment. Students must bring a USB flash drive for saving any course documents and digital materials.

Tues. – April 3 & 10 – 2 Nights
5:30 – 8:00pm – \$43

BEGINNER KEYBOARDING DRILLS & PRACTICE

Karen Crowley

Students will learn basic keyboarding techniques and styles, what the “home row” keys are and how to touch type with improved speed and accuracy. This is a basic drill and practice course for beginners. Please specify which 2 night program you are interested in on the registration form.

Tues. – March 20 & 27 – 2 Nights

6:00 – 7:30pm - \$28

or Mon. – April 16 & Wed. April 18 – 2 Nights

6:00 – 7:30pm – \$28

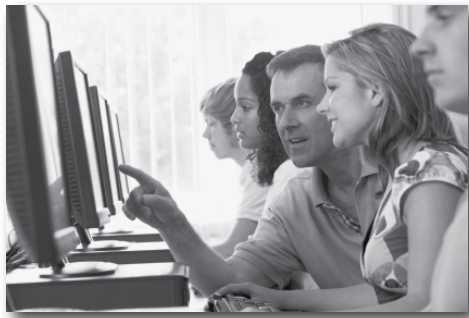
GOOGLE

Karen Conway

This Google course will teach students basic search & filter techniques, Google book searches, and Google maps. We will also exam Google docs, Google email, and how to set up Google alerts to help streamline your daily “Google” searches.

Thurs. – March 22 – 1 Night

6:00 – 8:00pm – \$20



Languages

CONVERSATIONAL SPANISH I

Evelyn Greenlaw

Have you ever wanted to learn one of the most popular and frequently spoken languages around the globe? Planning on visiting a Latin speaking country on vacation this year? This course is ideal for students with little or no Spanish background, who wish to learn the language for travel or conversational purposes. Participants in this workshop will learn to communicate through basic grammar and simple vocabulary, necessary to introduce yourself and carry on a logical conversation. The text, Spanish in Ten Minutes a Day must be purchased prior to the first class. The book may be purchased at Barnes & Noble or online at Amazon.com.

Wed. – March 7 to April 11 – 6 Weeks

6:30 – 8:30pm – \$95

LEARN ITALIAN I

Egizia Brown

This course is for those who would like to learn some basic Italian. No prior knowledge of the language is required. Class will use the text Learn Italian and teacher generated materials. The course will consist of grammatical lessons, as well as learning to get along as a tourist in Italy. Texts will be available for purchase from the instructor at the first class.

Mon. – February 13 to April 16 – 9 Weeks

5:30 – 7:30pm – \$140

LEARN ITALIAN II

Egizia Brown

This course will finish the text Learn Italian, and will begin where the previous class finished. The class will concentrate on getting along comfortably in Italy and being able to carry on a conversation with others. Prerequisite to this course is Learn Italian I. Some knowledge of grammar will be expected and built upon. Texts will be available for purchase from the instructor at the first class.

Mon. – February 13 to April 16 – 9 Weeks

7:30 – 9:30pm – \$140

LEARN ITALIAN III

Egizia Brown

In this course students will speak entirely in Italian, with topics of discussion to be picked by consensus of class and/or teacher. This class is for the advanced student or one who

REGISTRATION FORM IS ON THE LAST PAGE.

NEED ANOTHER REGISTRATION FORM?

Visit us at www.cityofportsmouth.com, and select School Department.

All registration fees include materials costs. No need to bring your checkbook to class!

has completed both Learn Italian I and II. Please bring an Italian dictionary to class. This is an excellent class to test newly acquired language skills or to improve on conversation. Texts will be available for purchase from the instructor at the first class.

*Tues. – February 14 to April 17 – 9 Weeks
7:30 – 9:30pm – \$140*

LEARN ITALIAN IV

Egizia Brown

This course is for students who would like an advanced lesson in Italian grammar. The text *Prego* will be used in addition to teacher generated materials. Students enrolled in this class should have previously taken Learn Italian I and II. Texts will be available for purchase from the instructor at the first class.

*Tues. – February 14 to April 17 – 9 Weeks
5:30 – 7:30pm – \$140*

GRAMMATICAL ITALIAN

Egizia Brown

This course was created for students who want to expand their knowledge of the Italian language in the areas of verb conjugation, study of tenses, structural components, grammar, and idioms. This course is suitable for the beginner as well as the more advanced students. No preliminary Italian is necessary. Much of the class time will be spent studying the written word, although there will be some verbal dialogue involved. Texts will be available for purchase from the instructor at the first class.

*Wed. – February 15 to April 18 – 9 Weeks
5:30 – 7:30pm – \$140*

TRAVELING ITALIAN GRAMMAR & PHRASES

Egizia Brown

This course was created for students who are looking for some conversation, information about the language, and tourist necessities. No books will be used in this workshop. Instead, the instructor will provide handouts, language instruction, geography lessons, and personal stories regarding Italy and its attractions. No previous language experience is necessary. So if you are planning a trip or just wish to find out more about this beautiful locale, this is the class for you. Texts will be available for purchase from the instructor at the first class.

*Wed. – February 15 to April 18 – 9 Weeks
7:30 – 9:30pm – \$140*



Special Interest, Growth and Enrichment

FUN WITH BEE KEEPING

Benjamin Potter

What's the buzz about Bee Keeping? Well, in this one night workshop, participants will learn all there is to know about hive functions and activities, the hierarchy of the queen bee, and the steps necessary to get started with this unique and fun hobby. The instructor will discuss the supplies and expense of getting set up; four season hive maintenance; multiple hive management; and the nuances of collecting the honey. In addition, the instructor will share amusing anecdotes from his vast years of experience in bee keeping and tips for enjoying this hobby.

*Tues. – February 21 – 1 Night
6:30 – 8:30pm – \$20*

BOATING SKILLS AND SEAMANSHIP

U.S. Coast Guard Auxiliary

This course is a comprehensive course is designed for both the experienced and novice boater. This 13th edition features all new, full-color graphics and updated text. To meet NAS BLA requirements, Chapters 1 to 8 and Appendix A are taught with the addition of your state's specific boating laws. The following topics are covered: 1. Which boat is for you; 2. Equipment for your boat; 3. Trailering; 4. Handling your boat; 5. Highways signs; 6. Rules you must follow; 7. Inland boating; 8. Boating safety. Students should bring a notebook and pencil to class. A materials fee of \$25 for the text has been included in the registration.

*Wed. – February 15 to April 18 – 9 Weeks
6:30 – 8:30pm – \$65*

CLEARING CLUTTER, CLEARING YOU

Anastasia Papanikolaou

Come join this workshop and learn how to tackle the clutter and unfinished projects at home and at work. Anastasia Papanikolaou will divulge the secrets to clearing clutter and how to enjoy a clutter-free environment. In this class, students will explore how to start and keep a daily/weekly clearing clutter practice that is manageable, do-able and that will produce long lasting results. Tips and practical applications will be offered. We will also look at what is behind the clutter via exploring any resistances, emotions or stories associated

**SCHOOL CLOSED:
FEBRUARY 27 – MARCH 1**

REGISTRATION REMINDER:

Once you have sent in your registration and payment you will not hear from us unless a class is cancelled or full.

with your clutter. Anastasia will also touch upon some basic Feng Shui applications that have helped her clear her own home environment.

Wed. – March 7 & 14 – 2 Nights
6:30 – 9:00pm – \$48

CLEARING BEYOND THE PHYSICAL

Anastasia Papanikolaou

In this class, you will learn different techniques to clear your space using Feng Shui principles, sound, crystals, aromatherapy, smudging, intention, angels, etc. Learn how to enliven your space beyond clearing the physical clutter. Anastasia will have some products available after class for anyone who wishes to purchase them for clearing practices at home or work. Students should bring a notebook.

Wed. – March 28 – 1 Night
7:00 – 8:30pm – \$17

REDUCE YOUR HOME ENERGY COSTS

Ron Sauve

The price of energy keeps climbing, but there are many things that you can do to actually lower costs in your home. You will learn how to make your home more energy efficient. From simple things anyone can do, to more involved projects, there are many things you can do to save money on heating and cooling your home. And you can make it a much more comfortable and healthy place to live. The instructor tailors his seminar to your needs and provides many helpful handouts with information and suggestions. He has many years of experience in building and remodeling with a particular emphasis on energy conservation and green building design. Everyone present will receive a FREE Home Energy Evaluation where you will learn what you can do for your home. A \$2 material fee is included in the registration fee.

Wed. – March 14 – 1 Night
6:00 – 9:00pm – \$30

LEARN TO PLAY THE HARMONICA

Mike Rogers

This is a fun – filled class for the whole family! In one night, participants will learn how to play a song, various instrument techniques, and a little blues history on the harmonica. The instructors have been teaching and performing for over 30 years. He will happily introduce students eight years old and older to this delightful instrument. Course fee includes price of instrument as well as instruction. This night promises to be fun, fun, fun! A \$15 materials fee has been included in the registration fee.

Thurs. – April 12 – 1 Night
6:30 – 8:30pm – \$35

FALUN GONG

Marcus Gale

Falun Gong is an advanced chi-gong (energy) system originating in ancient China. It promotes energy flow in the body through five simple, easy to learn exercises. Practiced in over 60 countries worldwide, Falun Gong can improve the quality of life through increased physical energy and mental clarity. This introductory class will provide a brief overview of the system, plus a demonstration of the exercises.

Thurs. – March 22 – 1 Night
6:30 – 8:30pm – \$20

LIVING IN A GREEN HOME

Ron Sauve

If you are building, remodeling or simply want to be more “green” you will learn what you can do to incorporate this emphasis into your life and home. The instructor, who has been building and remodeling homes for 40 years, focuses on energy efficiency and design. Through his handouts and class discussion he will share his wealth of information that will enable you to make those necessary changes, large or small. He will share his practical steps you can take including how to make your home run more efficiently and how to reduce current and future energy costs. The students will also learn about options for remodeling and building that are environmentally friendly and that could save money in the long run. Detailed handouts will be provided so that the students can put to use their new found knowledge. Everyone present will receive a FREE Home Energy Evaluation where you will learn what you can do for your home. A \$2 material fee is included in the registration fee.

Wed. – March 28 – 1 Night
6:00 – 9:00pm – \$30

STORIES OF ERNEST HEMINGWAY

John Robinson

Have you ever dreamed of living in Paris and writing stories that will be read and cherished for generations? This course consists of reading and discussing the short stories of a modern master who did just that: Ernest Hemingway. Discussion questions will be chosen each week for selected stories, and specifics from the author’s incredible life – along with colorful anecdotes from the Lost Generation of the 1920’s Left Bank Paris – will also be included to enhance understanding, appreciation, and enjoyment. For anyone who loves writing and reading, this class is “a moveable feast.” Students need to purchase the text: *The Complete Stories of Ernest Hemingway*.

Tues. – March 6 to April 17 – 7 Weeks
5:30 – 7:00pm – \$84

**REGISTRATION FORM IS ON THE LAST PAGE.
NEED ANOTHER REGISTRATION FORM?**

Visit us at www.cityofportsmouth.com, and select School Department.
All registration fees include materials costs. No need to bring your checkbook to class!

Craft & Cooking Workshops

WATERCOLORS STEP-BY-STEP: SPRING BEAUTIFUL FLOWERS

Marina Forbes

This introductory watercolor class is a hands-on workshop designed for the adult learners who is either a beginner or who has some experience with watercolor painting. Advanced watercolorists are also welcome. Students will learn how to render floral images on a watercolor card using a variety of watercolor techniques and special effects which will allow them to interpret the simplicity and softness of the images of nature with beautiful blossoms. Students must bring watercolor materials and tools to class. A list of recommended items will be sent out to registered participants one week prior to class.

Thurs. – February 16 – 1 Night
6:00 – 9:00pm – \$40

WATERCOLORS STEP-BY-STEP: CITYSCAPES

Marina Forbes

Similar to the class above, this workshop is for beginners who want to learn to produce city images on a watercolor card using a variety of watercolor techniques and special effects which will allow them to interpret the simplicity and beauty of city images in the spring. Advanced watercolorists also welcome! Students must bring watercolor materials and tools to class. A list of recommended items will be sent out to registered participants one week prior to class.

Wed. – March 7 – 1 Night
6:00 – 9:00pm – \$40

KNIT & CROCHET

Cindy Sauve

Knitting and crocheting are not what they used to be! Join us if you want to learn common techniques or if you would like to explore something new. Think about designing a “sampler” scarf with all the new patterns you learn. Knit or crochet “green” with your grocery bags. Try out a knitting loom. Check out the great new patterns for granny squares. Bring scissors and whatever yarn, fleeces, crochet hooks and knitting needles you have. There will be materials to borrow, trade or purchase from the instructor. It will be easy to get started on a project for less than \$10.

Wed. – March 14 through April 4 – 4 Weeks
6:00 – 9:00pm – \$95

CHOCOLATE TASTING EXPERIENCE: AN INTRODUCTORY WORKSHOP

Suzy Gagnon

In this workshop, participants will explore the many different chocolates on the market today. What makes a “good” chocolate? What percentage cacao is your favorite? Where your favorite chocolate is made? Are there health benefits to eating the “right” chocolate? During the evening, participants will sample and rate approximately 30 different chocolates. Suggestions for further exploration and study will be provided. By the end of the evening you will be ready to host your own chocolate tasting party with your holiday friends. A material fee of \$15 has been included in the registration fee.

Wed. – March 21 – 1 Night
6:00 – 9:00pm – \$43

**SCHOOL CLOSED:
FEBRUARY 27 – MARCH 1**

REGISTRATION REMINDER:

Once you have sent in your registration and payment you will not hear from us unless a class is cancelled or full.

Portsmouth Community Education
Portsmouth Middle School
155 Parrott Avenue
Portsmouth, NH 03801

REGISTRATION FORM:

Fill in this form, clip it off and send it with your check to:
Portsmouth Community Education, 155 Parrott Ave., Portsmouth, NH 03801
603-431-5080 X444

Spring 2012 Session

Name _____

Phone _____ Work Phone _____

Address _____

City _____ State _____ Zip _____

Email Address _____

Course _____ Start Date _____

Course _____ Start Date _____

Course _____ Start Date _____

Course _____ Start Date _____

Course _____ Start Date _____

Course _____ Start Date _____

FOR OFFICE USE ONLY:

Payment

Cancelled Class

Contact

Refund/Alternate class

Balance/Refund due

Date Sent